

**Northeast Regional
Community Support Program
Meeting Summary
August 15, 2017,
Hosted By
The Recovery Center
Scranton, PA**

Mission Statement

The Community Support Program is a coalition of mental health consumers, family members, advocates and professionals who work together to insure quality mental health services in the community. CSP aims to accomplish this through advocacy, education and the elimination of stigma and discrimination. Members of the local CSP committees participate in activities, which are designed to heighten awareness about mental illness and improve the quality of life for consumers. By promoting such activities, the CSP helps consumers gain confidence, self-esteem and independence in the community.

16 Attendees:

John D.	Mike O.	Lynn H.	Susan F.	Carl M.	Robert M.	Kathy K.	Pamela M.
Randy O.	Joseph F.	Charlene D.	Kim F.	Mike L.	Marvin W.	Mary H.	Richard H.

Agenda Items	Discussion	Action
Local Updates	<p><u>Carbon County</u>- The group continues to meet the third Thursday of the month. Pat Farrell from ReDCo spoke about peer support at the July meeting. The group is interested in a seed grant project, possibly an awareness walk.</p> <p><u>Lackawanna County</u>- Outreach efforts will continue with the group discussing a plan to create flyers and distribute to various businesses and organizations in the area. Co-chairs are still needed for the Lackawanna County Community Support Program.</p> <p>The NAMI Family to Family classes will be held in Scranton and will begin September 21st and run for 12 Thursday evening sessions (off Thanksgiving) from 6:00-9:00 PM.</p> <p>The NAMI Scranton & Northeast Region Candlelight Vigil will be held on October 6th at 6:30 PM at Lackawanna County Courthouse Square, Scranton.</p> <p><u>Lehigh County</u>- The group did not hold a regular meeting but visited the Bradbury-Sullivan Center on August 7th for a tour of the facility.</p> <p>Planning for the Mental Health Awareness Walk on May 4, 2018 has begun. The planning group meets every second Monday.</p> <p>There will be a "Hearing Voices" Training at the end of August and another training at the end of September.</p> <p><u>Luzerne County</u>- There will be a candlelight vigil for mental health awareness on October 4, 2017 at the court house in Wilkes-Barre.</p> <p>The "What Are You Thinking" anti-stigma documentary will be shown on October 5th at Misericordia University.</p> <p>"Elizabeth Blue", a story of a young woman with schizophrenia will be screened on October 9th at Misericordia University.</p> <p><u>Monroe County</u>- The group celebrated Norma Swint's upcoming retirement with lunch and a cake.</p> <p>Pat Farrell, Director of Recovery Services at ReDCo will speak about peer support at the August meeting.</p> <p><u>Schuylkill County</u>- The group is in the process of planning an educational event.</p> <p><u>Wayne County</u>- The group is discussing ideas to increase membership, how to run meetings and ideas for the next seed grant project.</p> <p>The group is also planning an open house at the drop-in center in September. Members are working together to speak at the Quality Council meeting in</p>	

	<p>September and preparing a PSA for the local paper. The group is discussing creating a NAMI support group at the drop-in center.</p>	
State Update	<p><u>September 6</u>- Kick-off of National Recovery Month- Harrisburg <u>September 12-13</u>- Recovery Works Summit- Harrisburg <u>September 26</u>- Roles of CPS's Before a Disaster- Harrisburg <u>September 27-29</u>- CPS Criminal Justice System Training- Towanda <u>October 2</u>- Experience the Employment Connection- Pittsburgh <u>October 16-20 & 23-17</u>- CPS Training- Philhaven <u>October 18-20</u>- CPS Crisis Training- Reading <u>October 30 & 31</u>- CPS Supervisor Training- Philhaven <u>November 1</u>- NAMI "Evening of Hope"- DeNaples Center, Scranton <u>November 9</u>- Experience the Employment Connection- Allentown <u>November 9</u>- "Almost Sunrise" Documentary & Chinese Auction- Frackville <u>December 4-8 & 11-15</u>- CPS Training- Philhaven <u>January 10-12</u>- CPS Criminal Justice System Training- Monroeville</p>	
Network/Education Day Planning	<p>The October 17, 2017 annual Network/Education Day morning session will consist of a panel of individuals discussing their recovery stories, information from the CCBH Recovery Library after each speaker and time at the end of the session for questions. There are six individuals scheduled to appear on the panel. Rebecca Dominguez will be on hand to access and share information on topics mentioned from the Community Care Behavioral Health online recovery library.</p> <p>Dr. Alicia Nordstrom from Misericordia University and several of her students will be the speakers for the afternoon session. The topic of Dr. Nordstrom's presentation will be Stereotypes and Stigma: Their Effects on Us and Them.</p>	<p><i>See attached Net/Ed Day 2017</i></p>
Budget	<p>Funds have not yet been received for FY 2017-2018 but the group was discussing budget allocations. Some of the suggestions for this year's budget were:</p> <ul style="list-style-type: none"> • Paid speakers for the Retreat or Network/Education Day • Joining an existing group or initiative • Local CSP's adopting a ward at the state hospital and visiting once a month. Northeast Region NAMI is already doing this. • Partnering with local colleges • Paying local CSP's to do trainings at colleges, social clubs and other 	<p><i>Send any ideas for speakers, an initiative that Regional CSP can start or an existing initiative that regional and/or local CSP can join to lh@theadvocacyalliance.org.</i></p>

	<p>groups</p> <p>Send any ideas for speakers, an initiative that Regional CSP can start or an existing initiative that regional and/or local CSP can join to lh@theadvocacyalliance.org.</p>	
Old/New Business	<p><u>Old Business</u>- None</p> <p><u>New Business</u>- Joe Fedak is involved in a project to make mats for homeless individuals out of plastic grocery bags. Crochet hooks will be purchased and Joe will provide instructions on how to make the mats at the September meeting. To watch an instructional video on the plarn (plastic bag yarn) bed rolls, go to https://www.youtube.com/watch?v=yr_WHW_tGSE</p> <p>Please save your plastic bags and bring them to the next meeting.</p>	<p><i>Please save your plastic bags and bring them to the next meeting.</i></p>
	<p>The next meeting of the Northeast Region CSP will be held at The Recovery Center, 825 Jefferson Avenue, Scranton @ 10:00 AM on September 19, 2017. Anyone wishing to have an item on the agenda should contact Lynn Houseknecht, 570-628-0155 or email to lh@theadvocacyalliance.org.</p>	<p><i>Please send local CSP updates (form is attached) for August to lh@theadvocacyalliance.org by September 12 , 2017</i></p>